



## **AWCI Knitting Class Being Offered**

**Class Description:** Knitting will give you a life time of pleasure and relaxation, plus think of the beautiful gifts you can create for yourself and your loved ones. We at AWCI support healthy bodies, as well as healthy minds and healthy lives. In learning to knit in this class, you will create wool helmet liners which will be sent to our troops in Iraq and Afghanistan.

Class will start by meeting on **Wednesday, February 3rd 2010 at 11:00 AM – Noon at the AWCI Resource Library.** We will meet every Wednesday for 10 weeks. The class is limited to 12 participants. Contact AWCI at 372-2944 to sign-up. **COME JOIN US!!**

[The cost of the ten week class is \\$20.00 payable the first day of the class.](#)

The purpose of the class is two-fold:

1. You will learn how to knit. (Hand/eye coordination as well as finger dexterity will improve)
2. You will knit **helmet liners** for our U.S. troops located in Iraq and Afghanistan.

**AWCI will provide the following:**

- Instructor – Jill Hobson
- Wool Yarn to complete the helmet liners (yarn received from donations)
- Shipment of completed helmet liners to the overseas locations
- Publicity for our community and the people and companies who donated the yarn

**Participant needs to bring the following:**

- 1 Skein of cotton yarn (to make a wash cloth that will be first project as you learn how to knit)
- 1 set of #7 or #8 double pointed needle
- Size #7 or #8 16” Circular needle

**There are two locations close to Sparta that sell the needles, they are:**

***Circle of Friends* located on Main Street in Elkin, NC, 336-526-3100**

***Spin a Yarn, Weave a Web* located at 119 S. 2<sup>nd</sup> Avenue, West Jefferson, NC 336-846-7746**

AWCI has negotiated reduced pricing for purchase of the needles. When you purchase your needles, mention that you are going to participate in the AWCI (Sparta, NC) Knitting class to receive the discount.

## **Information from Citizen Sam's website (Citizen's Support for America's Military)**

www.citizensam.org

### **Operation Helmet liner**

We currently have more than 200,000 troops in overseas theaters where they are subjected to sub-zero wind chills during the winter and extreme heat in the summer. Please help us have a warm helmet liner for each one of these troops before next winter and neck coolers in the summer. While this is a formidable goal, if everyone knows about the need, we can meet it. People are glad to help our troops if they know what they can do.

If you can knit or crochet, please consider making helmet liners or scarves for our troops. It must be 100% wool, as acrylic yarn is flammable and would endanger the troops should injury occur. If they do not fit properly, they will not be sent to our troops, because they could obstruct their vision. Contact your local newspapers, churches, farm and civic organizations, electric and telephone cooperatives, etc. to publish the press release and [helmetliner photo](#).

To date we've shipped a total of:

23,599 helmet liners  
52,483 neck coolers  
4044 neck gators  
1540 scarves

**Grand total 82,720.**



